


#RegionXYouthToday

RISK BEHAVIORS OF YOUNG PEOPLE IN NORTHERN MINDANAO

PART 2



Demographic Research & Development Foundation, Inc.
University of the Philippines Population Institute

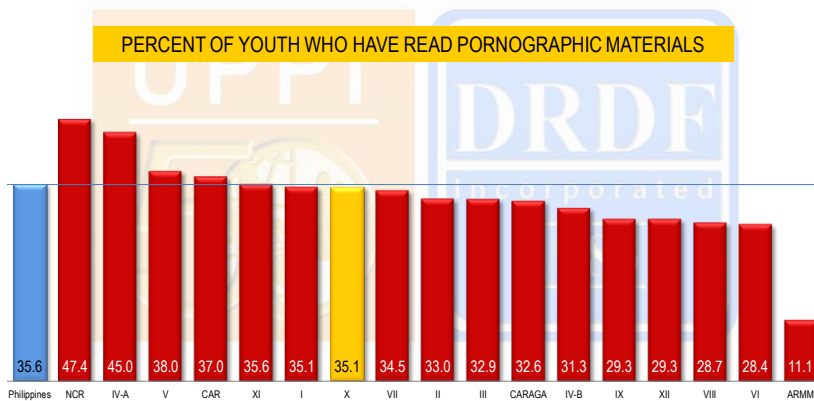
OUTLINE

- Sex and media
- Sexual activities
- Sources of information about sex and reproduction
- Teenage fertility
- HIV/AIDS
- Summary and conclusions

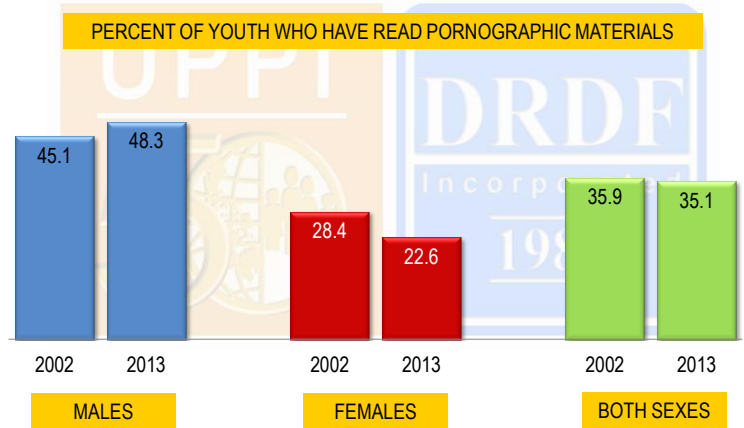
#YAFS4



1 in 3 Region X youth has read pornographic materials



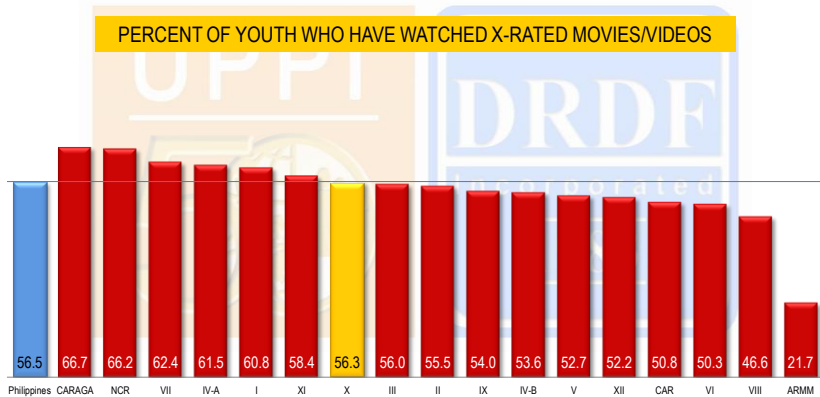
Rise in the prevalence of reading of pornographic materials among male youth in the past decade



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

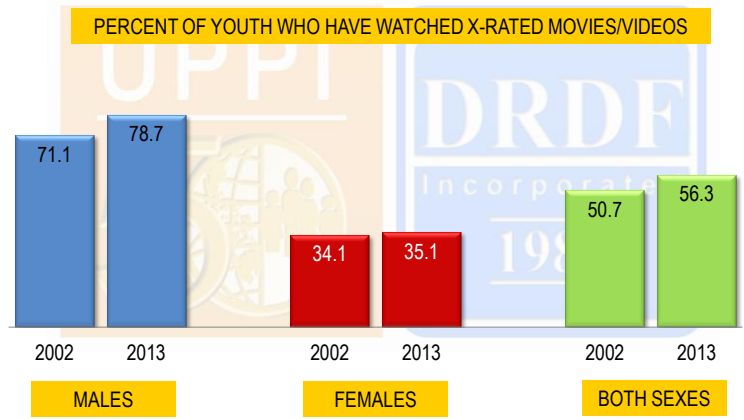
More than half of Region X youth have watched x-rated movies and videos



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

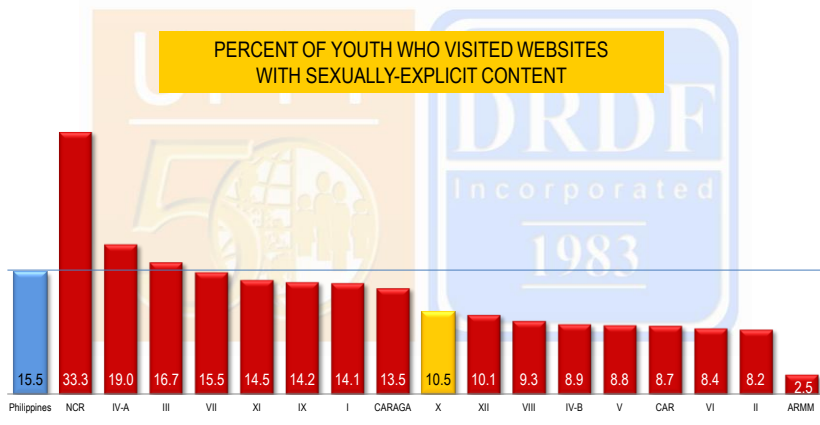
The prevalence of watching x-rated movies/videos has risen in the past decade for both males and females



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

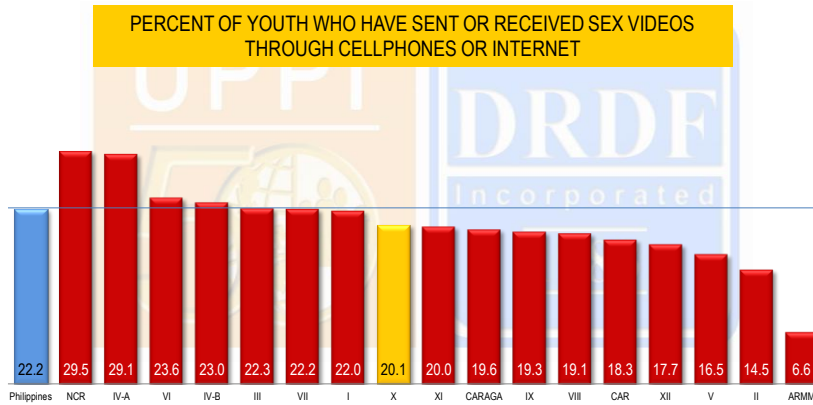
1 in 10 Region X youth has visited websites with sexually-explicit content



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

1 in 5 Region X youth has shared sex videos online or through cellphones



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Region X youth have also engaged in other media-related sexual activities

- 10.1% have engaged in phone sex (highest level in the country)
 - Philippines: 5.8%
- 4.5% have engaged in sex with someone they met online or through text messages
 - Philippines: 3.7%
- 0.6% have recorded themselves having sex
 - Philippines: 0.8%

#YAFS4

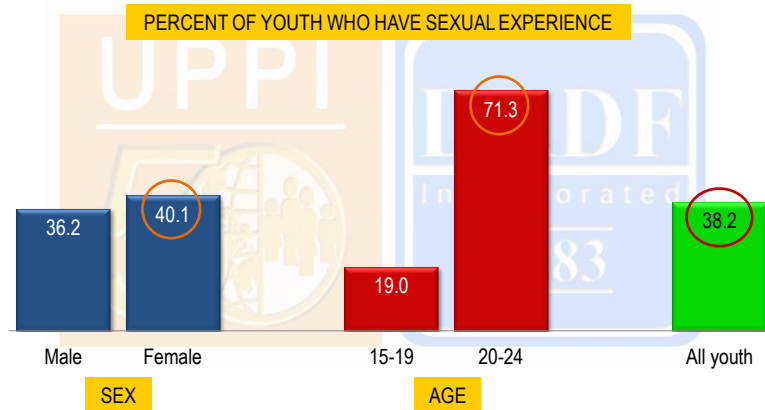
Demographic Research & Development Foundation • University of the Philippines Population Institute

#SexyTime

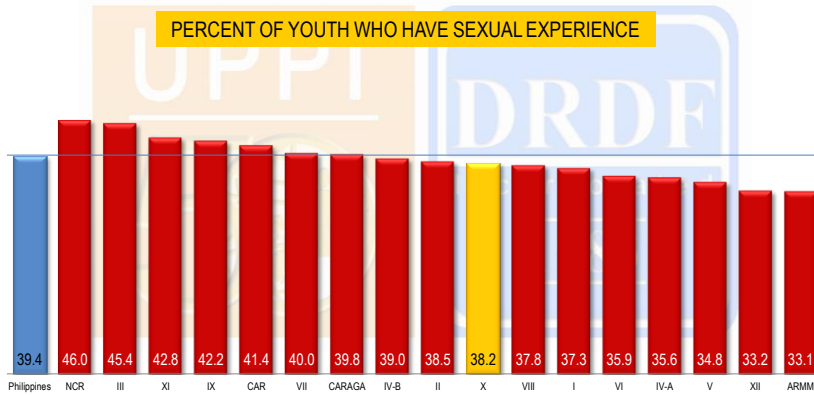
SEXUAL ACTIVITIES



2 IN 5 youth in Region X already have sexual experience



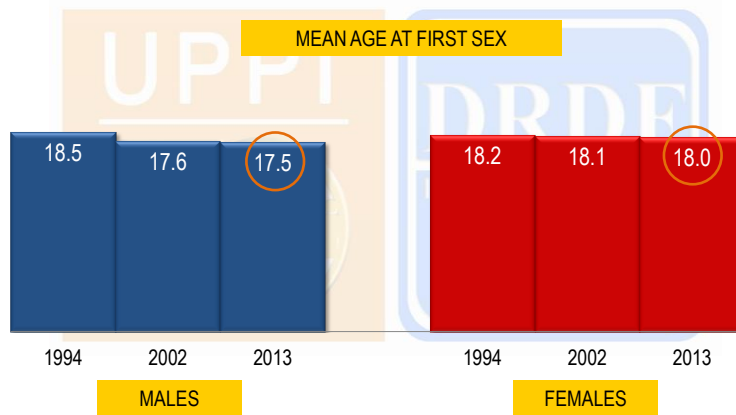
Below-average prevalence of sexual activity among Region X youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

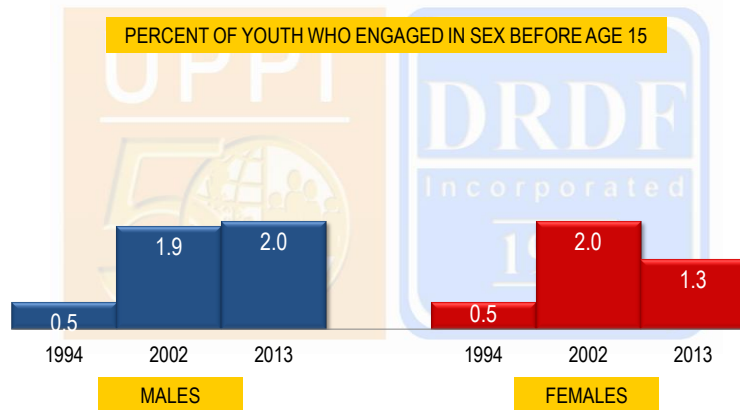
Younging of the sexual onset in both males and females



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

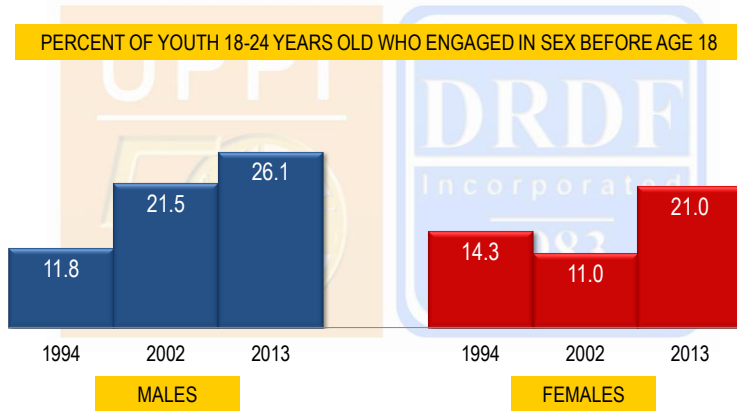
Increasing early sexual activity among males but decline in the past decade among females



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

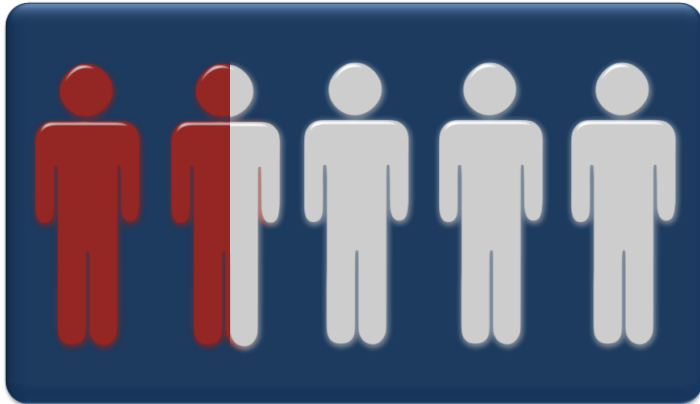
Increasing proportions of youth who have engaged in sex before age 18



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

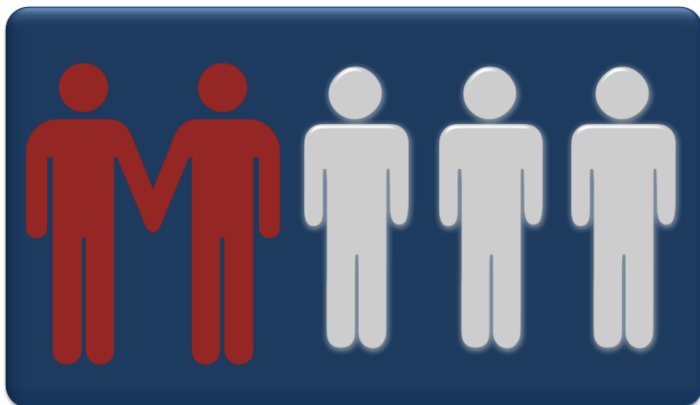
More than 1 in 5 Region X youth have engaged in premarital sex



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

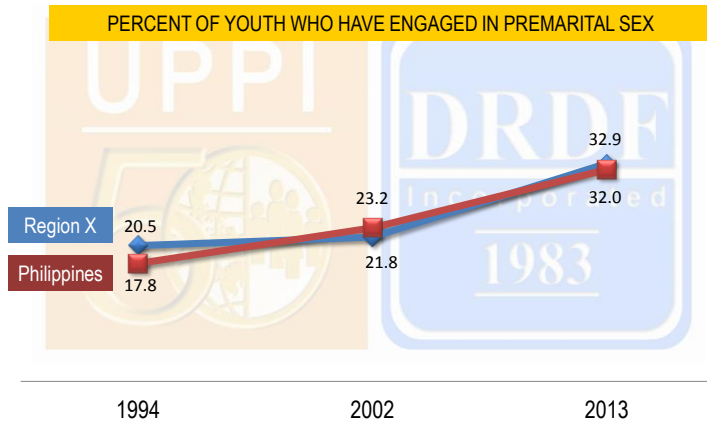
2 in 5 NCR YOUTH have engaged in premarital sex



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

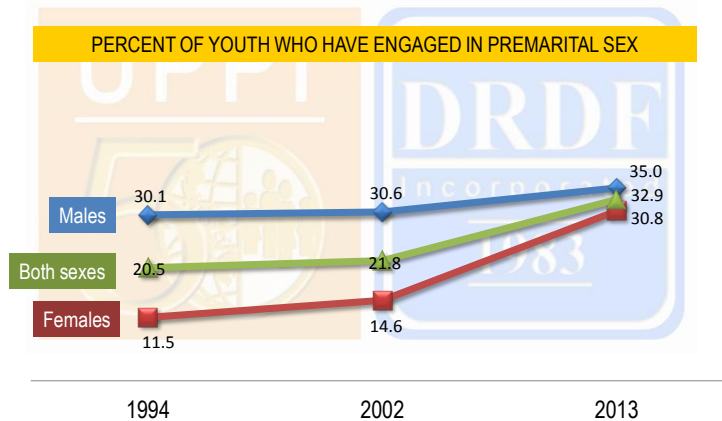
Rise in the prevalence of premarital sex among Region X youth in the past decade



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

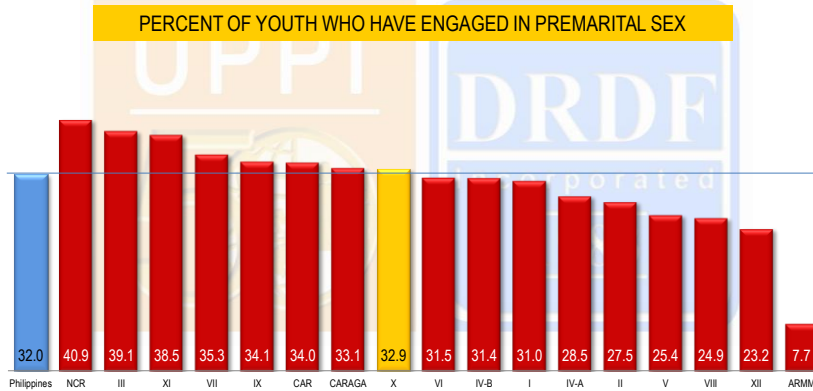
Narrowing gap between male and female PMS activity



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

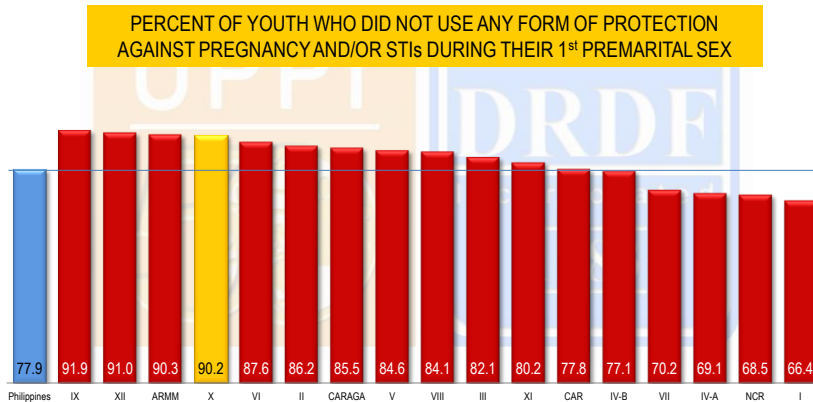
Above-average prevalence of youth's premarital sex in Region X



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

9 in 10 of Region X youth's 1st premarital sex were unprotected against pregnancy and/or STIs

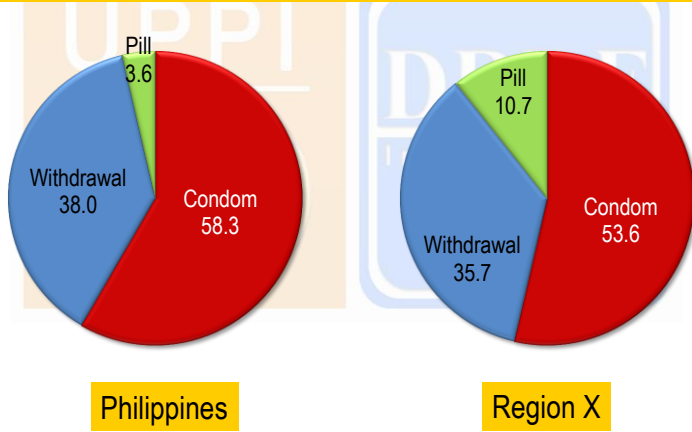


#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Condom and withdrawal are the most popular contraceptive method used during first PMS

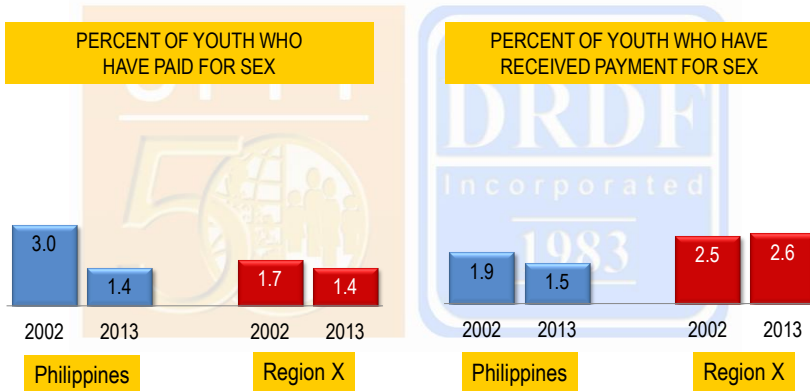
PERCENTAGE DISTRIBUTION OF METHOD USED DURING 1ST PREMARITAL SEX



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

**Decline in the proportion of youth who have paid for sex;
Rise in the proportion who have received payment for sex**



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Region X youth have also engaged in other risky sexual activities

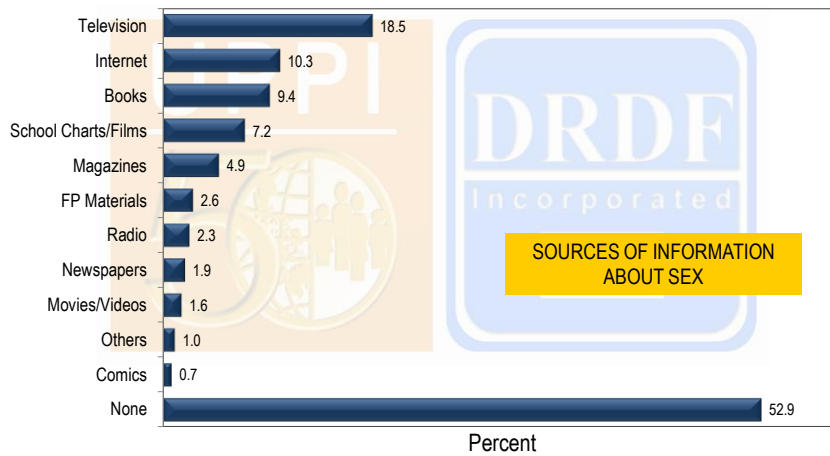
- 4.8% have engaged in casual sex (Philippines: 4.9%)
- 2.5% have FUBU experience (Philippines: 3.6%)
- 5.2% had sex with the same sex (Philippines: 4%)
- 3.1% of ever-married youth (including those living-in) have extramarital sex experience (Philippines: 3.1%)
- Most of these risky sexual activities are unprotected against the risk of pregnancy and/or STIs

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute



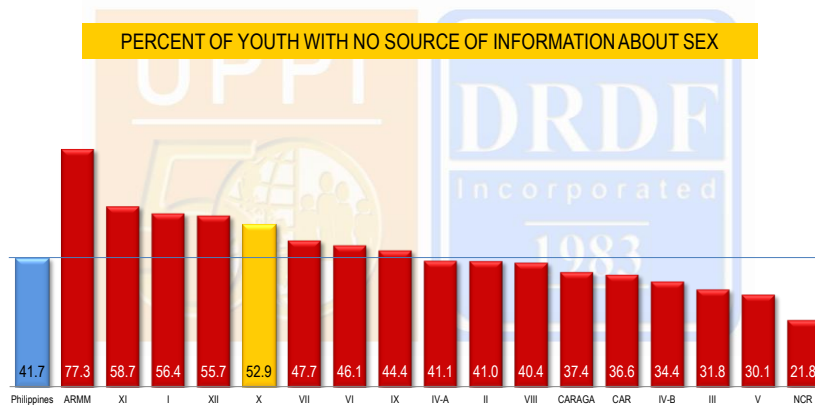
TV and Internet are the most popular sources of information about sex; More than 1 in 2 Region X youth have no source of information about sex



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

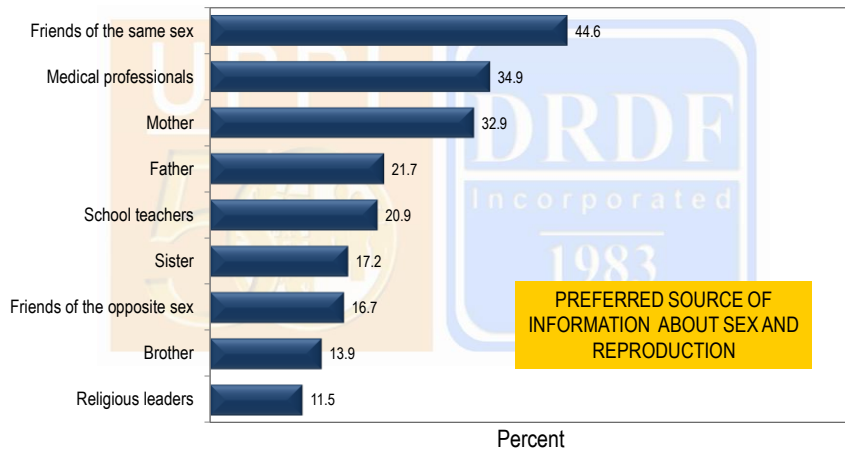
More than half of Region X youth reported that they do not have any source of information about sex



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

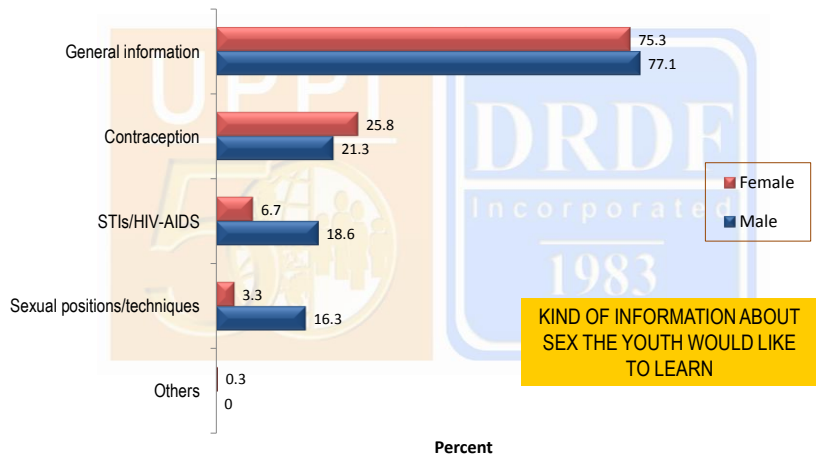
Friends of the same sex, medical professionals, and mothers are Region X youth's most preferred sources of information about sex and reproduction



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

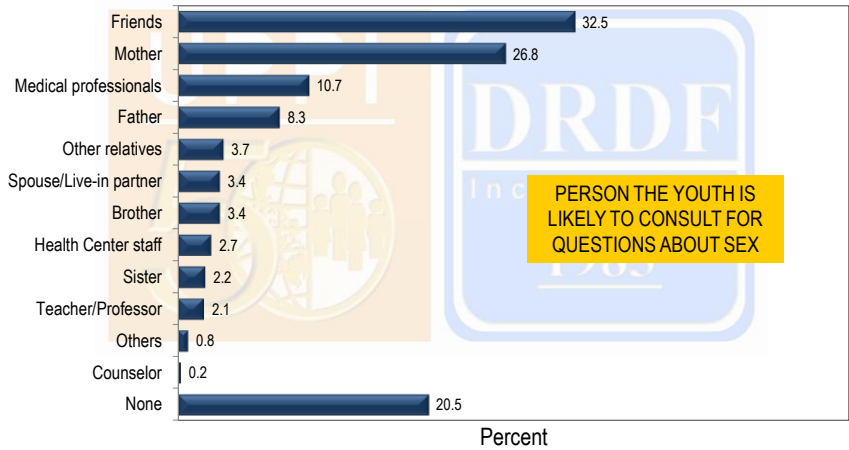
Region X youth would like to learn general information about sex the most; more females than males would like to learn about contraception



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

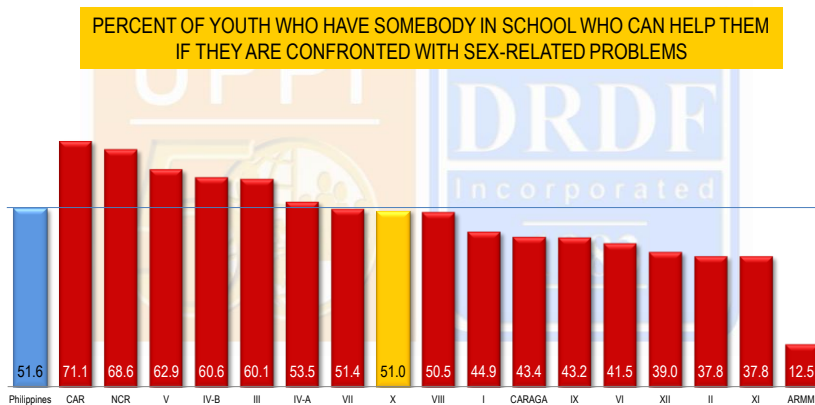
Most Region X youth would consult their friends and mothers if confronted with questions about sex, 1 in 5 will consult no one



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

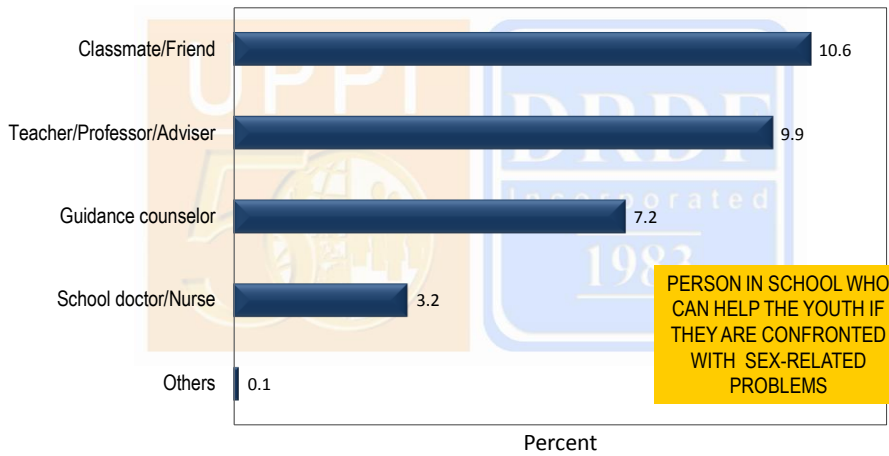
Majority of Region X youth reported that there is somebody in school who can help them if they have any sex-related problem



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

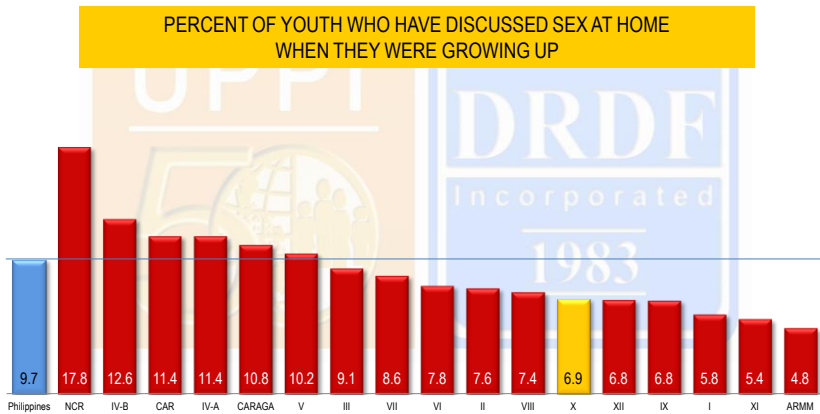
Most Region X youth identified their classmates/friends as the ones who can help them if they have any sex-related problem



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

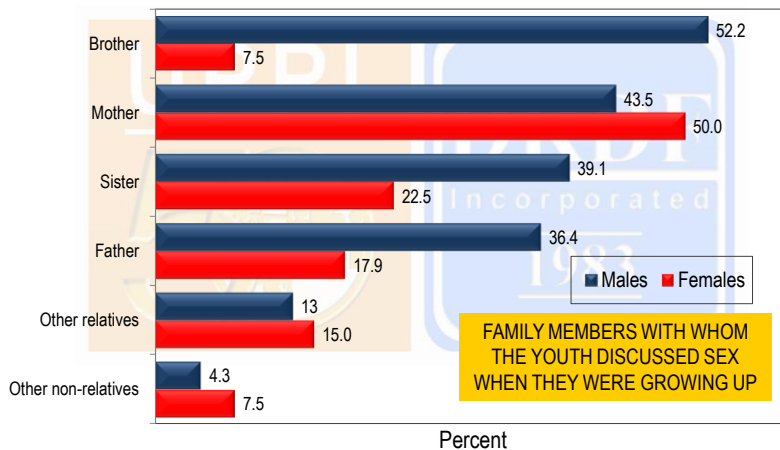
Only 7 in 100 Region X youth have discussed sex at home when they were growing up



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Most discussions about sex at home are between brothers, mothers and daughters, mothers and sons

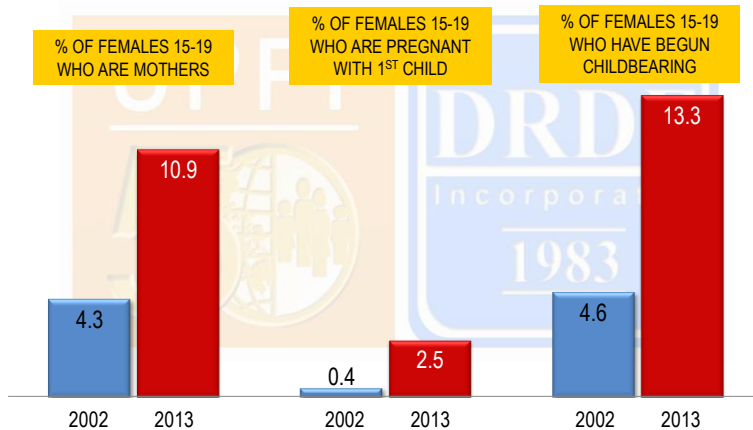


#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

A graphic featuring the logos of the University of the Philippines Population Institute (UPPI) and the Demographic Research and Development Foundation (DRDF). Below the logos, the text '#Batangina' is written in a large, bold, blue font. Underneath that, the words 'TEENAGE FERTILITY' are written in a white, bold, sans-serif font on a dark blue rectangular background. The graphic is set against a white background with a yellow and orange geometric shape on the left side.

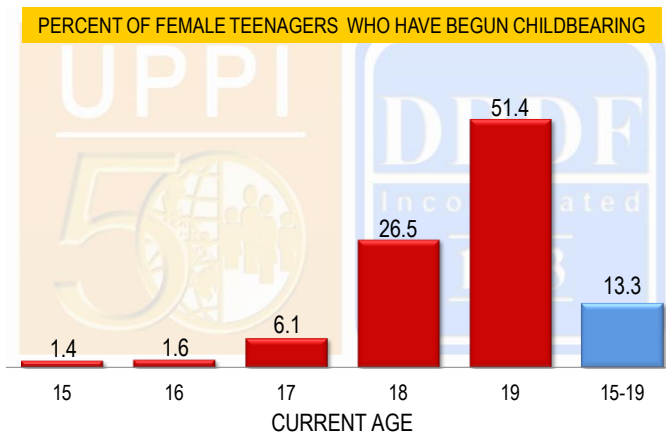
Teenage fertility in Region X almost tripled in the past decade



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

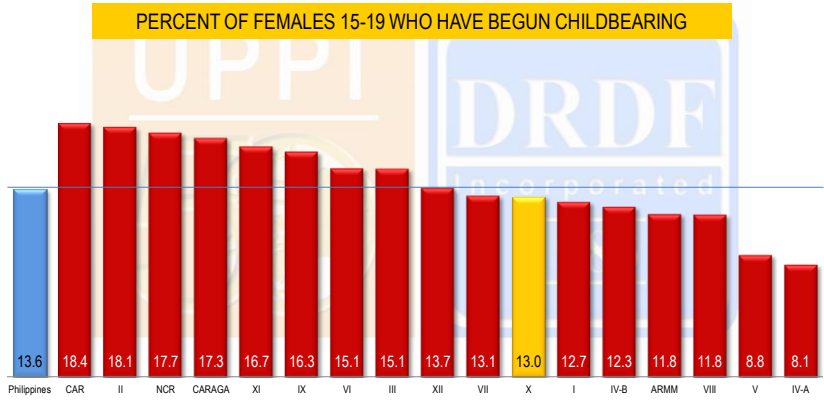
The proportion of teenage females in Region X who have begun childbearing sharply increases with age



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

13 in 100 teenage females in Region X have already begun childbearing



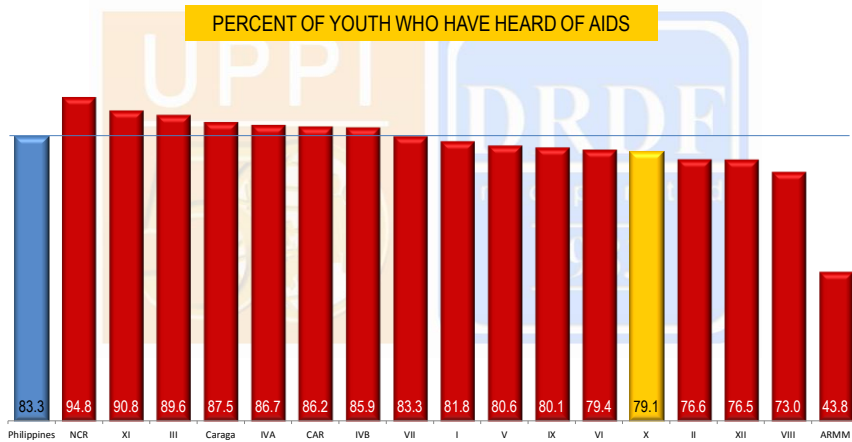
#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

#AIDSDoesMatter
KNOWLEDGE OF HIV/AIDS



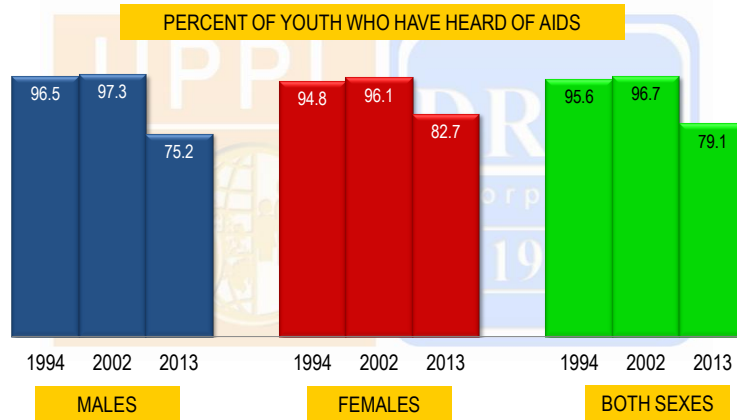
Below-average level of AIDS awareness among Region X youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

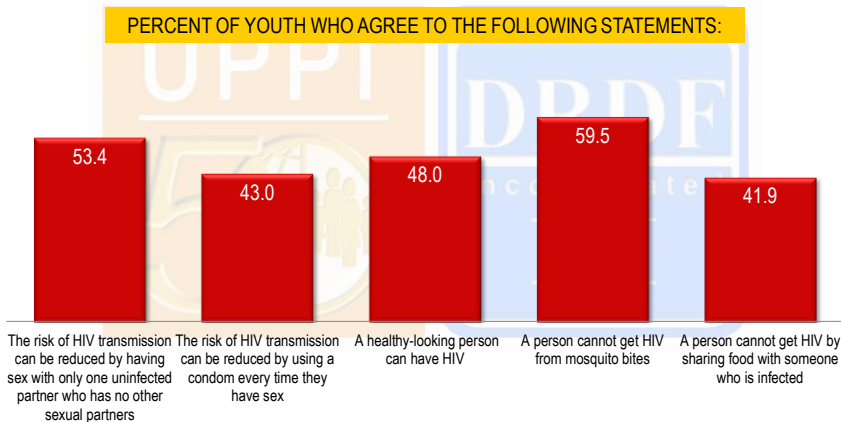
Level of AIDS awareness among Region X youth has steeply declined in the past decade



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

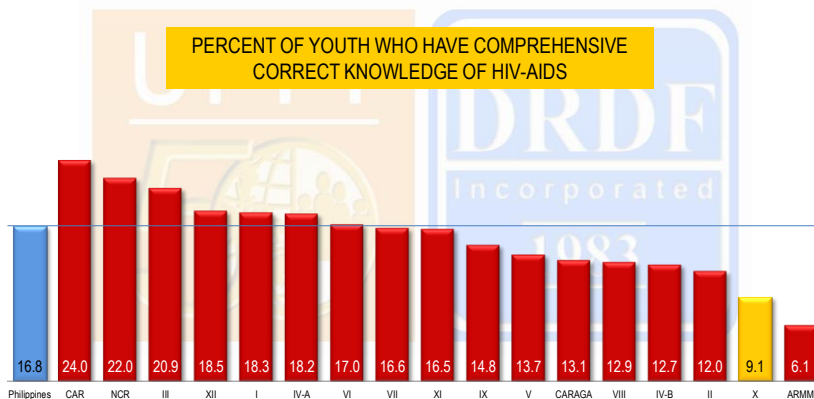
Moderate level of knowledge regarding HIV transmission prevention methods



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

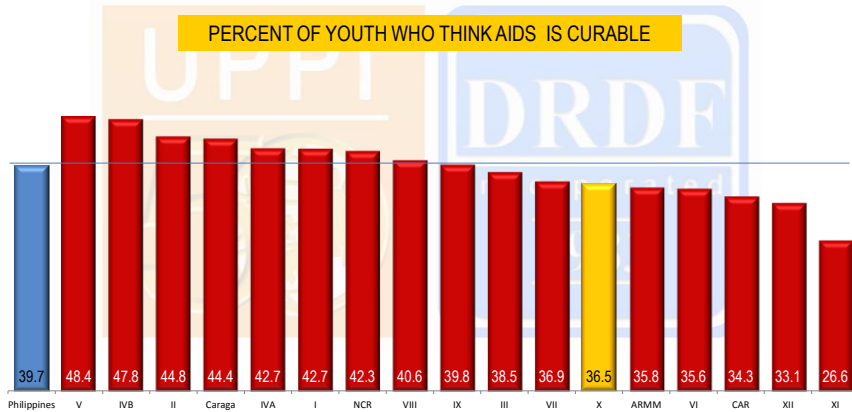
The youth largely misunderstand HIV-AIDS



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

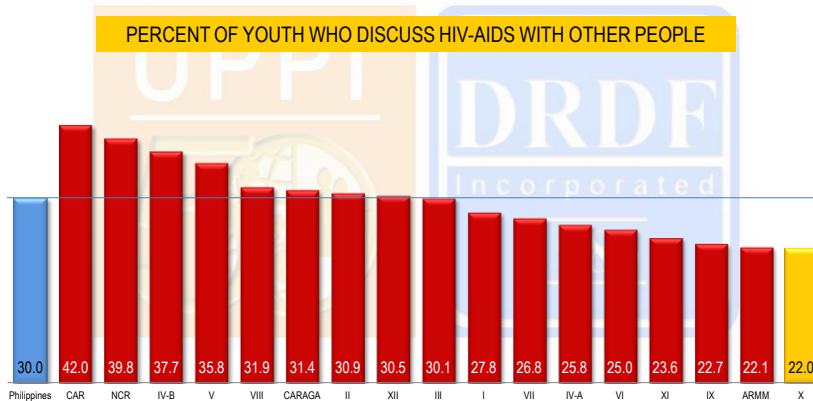
36 in 100 Region X youth think AIDS is curable



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Region X has the smallest proportion of youth who discuss HIV-AIDS with other people

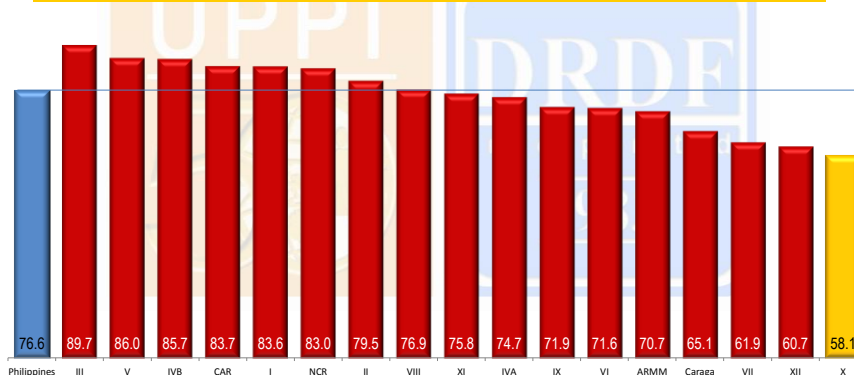


#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Almost 3 in 5 Region X youth feel invincible to AIDS

PERCENT OF YOUTH WHO THINK THAT THERE IS NO CHANCE OF HIM/HER GETTING AIDS



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY & CONCLUSIONS

- There is a heightened, bolder, and wider range of sexual behaviors among the youth including those that use new forms of information and communication technology (ICT)
- These new technologies have given rise to new forms of sexual activity and new means of meeting sexual partners that could increase the risk of adverse consequences, especially under a context of low prevalence in the use of protection

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY & CONCLUSIONS

- The increased prevalence of sexual activity in various forms may indicate new normative standards regarding sex
 - Norms around marriage may also be changing as indicated by a higher proportion of the living-in than the formally married not only in Region X but in the rest of the country as well
- The narrowing of the gap in the prevalence of premarital sexual (PMS) activity between young men and women, amidst increasing PMS prevalence in general, is likely a major contributor to the sharp increase in teenage fertility

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY & CONCLUSIONS

- The substantial proportions of Region X youth who rely on themselves for information about sex is a cause for concern
- TV, internet and books are the leading sources of information about sex
- Friends (particularly of the same sex) and mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- 1 in 3 Region X youth would also like to learn about sex and reproduction from medical professionals
- Very little discussion of sex at home
 - Most discussions of sex at home transpire between brothers, mothers and daughters, and mothers and sons

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

- The substantial proportions of Region X youth who rely on themselves for information about sex is a cause for concern
- TV, internet and books are the leading sources of information about sex
- Friends (particularly of the same sex) and mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- 1 in 3 Region X youth would also like to learn about sex and reproduction from medical professionals
- Very little discussion of sex at home
 - Most discussions of sex at home transpire between brothers, mothers and daughters, and mothers and sons

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY & CONCLUSIONS

- Region X youth have relatively poor knowledge of STIs
 - Declining level of AIDS awareness
 - Only 8 in 10 have heard of AIDS
 - Only 9 in 100 youth have comprehensive and correct knowledge of STIs
- Majority of Region X youth believe that they are not vulnerable to STIs

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

